

WASHINGTON STATE 2012 FINAL WOMEN'S INDOOR BESTS

(# = NCAA Automatic Qualifying Standards)

60 METERS (7.23) 2012 LIFETIME

Cindy Robinson	7.58 (l)	7.58
Chanel James	7.62 (a)	7.62
Shaquana Logan	7.84 (a)	7.81
Morgan Clem	7.87 (f)	7.70
Holly DeHart	7.89 (f)	7.89
Shantae Young	7.94 (d)	7.94
Devin Brooks	7.98 (h)	7.78
Zoe Moller	8.35 (e)	8.35
Lauran Johnson	8.36 (e)	8.36
Kayla Warren	8.48 (h)	8.48

60M HURDLES (8.10) 2012 LIFETIME

Shaquana Logan	8.47 (f)	8.46
Devin Brooks	8.69 (d)	8.69
Candii McFarland	8.71 (b)	8.71
Morgan Clem	8.85 (h)	8.85
Andrea Smith	9.05 (e)	9.05
Brittnay Crabb	9.16 (a)	8.97

200 METERS (23.12) 2012 LIFETIME

Shawna Fermin	24.35 (h)	24.35
Cindy Robinson	24.42 (l)	24.42
Chanel James	24.82 (b)	24.82
Morgan Clem	25.15 (f)	25.15
Candii McFarland	25.22 (b)	25.22
Holly DeHart	25.57 (l)	25.57
Shaquana Logan	25.78 (b)	25.78
Briaúna Watley	26.06 (a)	25.89
Andrea Smith	27.44 (a)	27.44
Jacki Hill	26.51 (h)	25.94

400 METERS (52.60) 2012 LIFETIME

Shawna Fermin	54.89 (l)	54.89
Brittnay Crabb	58.01 (f)	57.50
Candii McFarland	58.07 (f)	58.07
Jacki Hill	59.06 (d)	56.06
Erin Allen	59.69 (c)	59.69
Chanel James	60.02 (h)	60.02
Holly DeHart	60.70 (h)	60.70

800M (2:04.50) 2012 LIFETIME

Courtney Zalud	2:11.76 (f)	2:10.63
Ruby Roberts	2:19.98 (c)	2:10.56
Jacki Hill	2:23.67 (e)	2:23.67
Shaquana Logan	2:25.21 (l)	2:25.21

MILE (4:37.00) 2012 LIFETIME

Ruby Roberts	4:53.18 (l)	4:48.97
Katie Fleischer	4:55.85 (f)	4:55.85
Caroline Austin	5:00.57 (c)	4:56.16
Ramona Morshead	5:26.69 (e)	5:26.69
Emily Farrar	5:32.24 (e)	5:08.79

3000 METERS (9:10.00) 2012 LIFETIME

Caroline Austin	9:46.27 (f)	9:46.27
Katie Fleischer	9:46.46 (l)	9:46.46 FSR
Emily Farrar	10:17.35 (c)	10:17.35
Sarah Bobbe	10:21.89 (c)	9:48.91
Ramona Morshead	10:38.88 (c)	10:36.13
Marisa Stoick	11:05.76 (h)	11:05.76

5000 METERS (15:57.00) 2012 LIFETIME

Sarah Bobbe	17:11.72
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1600 METER RELAY (3:34.00) 2012

Fermin, James, McFarland, Logan	3:46.36 (f)
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DIST. MED. RELAY (11:03.50) 2012

Roberts, Crabb, Zalud, Austin	11:33.46 (l)
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HIGH JUMP (1.85m/ 6-0 3/4)

	2012	LIFETIME
Christine Rice	1.68m/ 5-6 (b,e)	1.74m/ 5-8 1/2
Lauran Johnson	1.68m/ 5-6 (c,l)	1.68m/ 5-6
Shaquana Logan	1.52m/ 4-11 3/4 (l)	1.52m/ 4-11 3/4

POLE VAULT (4.35/ 14-3 1/4)

	2012	LIFETIME
Kelsey Bueno	3.75m/ 12-3 1/2 (b)	3.75m/ 12-3 1/2
Carly Fitzpatrick	3.66m/ 12-0 (c)	3.66m/ 12-0
Ksenija Marovic	3.45m/ 11-3 3/4 (b)	3.45m/ 11-3 3/4
Samantha Andrada	3.09m/ 10-1 1/2 (h)	3.25m/ 10-8

LONG JUMP (6.45m/ 21-2)

	2012	LIFETIME
Lauran Johnson	5.54m/ 18-2 1/4 (h)	5.54m/ 18-2 1/4
Shaquana Logan	5.44m/ 17-10 1/4 (c)	5.80m/ 19-0 1/2
Shantae Young	5.43m/ 17-9 3/4 (h)	5.43m/ 17-9 3/4
Zoe Moller	5.38m/ 17-8 (h)	5.38m/ 17-8

WSU 2012 WOMEN'S FINAL INDOOR BESTS - 2

TRIPLE JUMP (13.30m /43-7 3/4)

	2012	LIFETIME
Kayla Warren	11.83m/ 38-9 3/4 (h)	11.83m/ 38-9 3/4
Shantae Young	11.82m/ 38-9 1/2 (c)	11.82m/ 38-9 1/2
Lauran Johnson	11.69m/ 38-4 1/4 (h)	11.69m/ 38-4 1/4

SHOT PUT 17.20m/ 56-5 1/4)

	2012	LIFETIME
Mary Barnett	13.93m/ 45-8 1/2 (l)	13.93m/ 45-8 1/2
Shaquana Logan	10.23m/ 33-6 3/4 (l)	10.23m/ 33-6 3/4

20# WEIGHT (21.00m/ 68-10 3/4)

	2012	LIFETIME
Cassie Whitfield	17.09m/ 56-1 (f)	17.88m/ 58-8
Mary Barnett	9.97m/ 32-8 1/2 (c)	9.97m/ 32-8 1/2

DISCUS

	2012	LIFETIME
Mary Barnett	38.22m/125-5 (a)	38.22m/125-5

PENTATHLON (4,150 pts)

	2012	LIFETIME
Shaquana Logan	3,609 points (l)	3,609
(l = 60mH - 8.55, HJ - 1.52m/ 4-11 3/4, SP - 10.23m/33-6 3/4, LJ - 5.36m/17-7, 800m - 2:25.21)		

= NCAA indoor automatic qualifier.

\$ = NCAA Participant.

SR = WSU school record

FSR = WSU freshman school record

Meet Legend

- a WSU Open, Pullman 1/13-14
- b @ Cherry and Silver Invite, Albuquerque 1/20-21
- c Cougar Indoor, Pullman 1/27-28
Team scores: WSU 68 UCLA 51, WSU 78 Idaho 40, WSU 86 Montana 35, WSU 75 Utah State 44
- d @ Vandal Indoor, Moscow 2/3
- e @ Idaho Indoor Open, Moscow, 2/4
- f @ Husky Classic, Seattle 2/10-11
- g @ Tyson Invite, Fayetteville, Ark. 2/11
- h @ Vandal Collegiate, Moscow 2/18
- i @ Mountain Pacific Sports Federation Championships, Seattle 2/24-25
Team scores: Stanford 125, Arizona 110, Oregon 108.33, Arizona State 68, Washington 56, California 48, BYU 41, UCLA 35.33, Utah 27.33, WSU 13, Cal St. Northridge 11, Colorado 11, Long Beach St. 9
- m @ NCAA Last Chance Qualifier, TBA 3/3
- \$ @ NCAA Indoor Track & Field Championships, Boise, 3/9-10

Revised: 3/12/12

WASHINGTON STATE 2012 FINAL MEN'S INDOOR BESTS

(# = NCAA Automatic Qualifying Standards)

60 METERS (6.60) 2012 LIFETIME

Greg Hornsby	6.94 (b)	6.80
Brett Blanshan	6.96 (c)	6.87
Richard Wilhite	7.00 (d)	7.00
Rashaun Johnson	7.03 (h)	7.03
Stephan Scott-Ellis	7.05 (e)	7.05
Michael Bolligar	7.20 (c)	7.11
PJ Benedictus	7.45 (a)	7.45
Sean Harris (unat)	7.35 (c)	7.30
Spencer Wordell (unat)	7.25 (c,e)	7.18

60M HURDLES (7.70) 2012 LIFETIME

Ramsey Hopkins	8.07 (c)	8.07
Aric Walden	8.14 (d)	8.14
Garrett Gerling	8.28 (f)	8.28
Josiah Sims	8.28 (l)	8.28
J Hopkins	8.47 (d)	8.44
Michael Bolligar	8.83 (l)	8.83
Sean Harris (unat)	8.34 (d)	8.34
Spencer Wordell (unat)	8.91 (d)	8.91

200 METERS (20.73) 2012 LIFETIME

Brett Blanshan	21.71 (d)	21.71
Stephan Scott-Ellis	21.74 (e)	21.74
Rashaun Johnson	21.82 (d)	21.82
Dana Wells	21.90 (h)	21.90
Greg Hornsby	22.09 (b)	21.51
Richard Wilhite	22.15 (f)	21.86
Jacob Sealby	22.16 (b)	22.16
Ryan Barrett	22.36 (h)	22.36
Brandon Dawson	22.55 (f)	22.20

400 METERS (46.00) 2012 LIFETIME

Jacob Sealby	47.35 (f)	47.35
Brandon Dawson	48.36 (f)	48.09
Joe Abbott	48.66 (e)	48.66
Ryan Barrett	48.74 (m)	48.74
J Hopkins	49.13 (d)	49.13
Rashaun Johnson	49.48 (f)	49.48
Robert Shelby	49.51 (f)	49.51
Dana Wells	49.62 (d)	49.19
Nick Smith	49.77 (e)	49.77
Richard Wilhite	50.02 (h)	50.02
Michael Bolligar	51.02 (e)	51.02
Garrett Gerling	52.17 (c)	50.17
Spencer Wordell (unat)	49.66 (e)	49.66

800M (1:47.30) 2012 LIFETIME

Joe Abbott	1:48.65 (m)	1:48.05
Todd Wakefield	1:53.47 (h)	1:53.47
Mack Young	1:53.73 (h)	1:53.73
Nick Smith	1:53.89 (f)	1:53.89
Matt Cronrath	1:54.56 (f)	1:54.19
Richard Shroy	1:56.13 (h)	1:56.13
J Hopkins	2:01.27 (e)	2:01.27
Robert Shelby	2:03.85 (h)	2:03.85
David Hickerson (unat)	1:52.18 (d)	1:52.18

MILE (3:57.90) 2012 LIFETIME

Todd Wakefield	4:05.54 (l)	4:03.57
David Hickerson	4:06.81 (l)	4:06.79
Lee George	4:11.40 (h)	4:11.40
Drew Jordan	4:13.92 (c)	4:13.92
Andrew Kimpel	4:14.31 (c)	4:06.95
Mack Young	4:14.62 (f)	4:14.62
Andrew Gonzales	4:16.36 (a)	4:14.83
Justin Englund	4:16.79 (a)	4:11.33
Jono Lafler	4:19.51 (a)	4:10.77
Richard Shroy	4:19.82 (e)	4:19.82

3000 METERS (7:52.30) 2012 LIFETIME

Drew Jordan	8:09.06 (f)	8:09.06
Andrew Kimpel	8:10.15 (f)	8:10.15
Andrew Gonzales	8:11.57 (l)	8:11.57
Justin Englund	8:18.54 (f)	8:17.80
Jono Lafler	8:20.45 (l)	8:20.45
Lee George	8:24.71 (f)	8:24.71
Forrest Shaffer (unat)	8:39.59 (h)	8:39.59

5000 METERS (13:44.60) 2012 LIFETIME

Jono Lafler	13:54.74 (l)	13:54.74
Andrew Gonzales	14:08.28 (f)	14:08.28
Justin Englund	14:24.70 (l)	14:24.70

1600 METER RELAY (3:06.50) 2012

Dawson, Abbott, J. Hopkins, Sealby	3:10.49 (l)
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DIST. MEDLEY RELAY (9:31.00) 2012

Hickerson, J. Hopkins, Young, Jordan	10:02.38 (l)
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WSU 2012 MEN'S FINAL INDOOR BESTS - 2

HIGH JUMP (2.24m/ 7-4 1/4)

	2012	LIFETIME
Jovan Vukicevic	2.12m/ 6-11 1/2 (l)	2.11m/ 6-11 1/2
Shawn Swartz	2.11m/ 6-11 (c,g)	2.15m/ 7-0 1/2
Michael Bolligar	2.05m/ 6-8 3/4 (h)	2.18m/ 7-1 3/4
Grant Schultz	2.01m/ 6-7 (c)	2.01m/ 6-7
Ross VanZanten (unat)	2.07m/ 6-9 1/2 (f)	2.07m/ 6-9 1/2
Sean Harris (unat)	1.91m/ 6-3 1/4 (c)	2.01m/ 6-7
Spencer Wordell (unat)	1.88m/ 6-2 (c)	1.91m/ 6-3 1/4

POLE VAULT (5.50m/ 18-0 1/2)

	2012	LIFETIME
Jake Baertlein	4.92m/ 16-1 3/4 (b)	4.93m/ 16-2
John Brenteson	4.92m/ 16-1 3/4 (b)	4.93m/ 16-2
Michael Bolligar	4.63m/ 15-2 1/4 (f)	4.63m/ 15-2 1/4
Sean Harris (unat)	4.55m/ 14-11 (a)	4.55m/ 14-11
Curtis Flolid (unat)	4.48m/ 14-8 1/4 (f)	4.60m/ 15-1
R.VanZanten (unat)	4.30m/ 14-1 1/4 (h)	4.30m/ 14-1 1/4
S. Wordell (unat)	3.90m/ 12-9 1/2 (e)	3.90m/ 12-9 1/2

LONG JUMP (8.00m/ 26-3)

	2012	LIFETIME
\$ S. Scott-Ellis	7.75m/ 25-5 1/4 (l)	7.75m/ 25-5 1/4
Michael Bolligar	7.22m/ 23-8 1/4 (l)	7.22m/ 23-8 1/4
PJ Benedictus	6.90m/ 22-7 3/4 (b)	6.90m/ 22-7 3/4
Sean Wilson	6.87m/ 22-6 1/2 (a)	6.87m/ 22-6 1/2
Sean Harris (unat)	6.28m/ 20-7 1/4 (c)	6.34m/ 20-9 3/4
Spencer Wordell (unat)	6.12m/ 20-1 (c)	6.27m/ 20-7

TRIPLE JUMP (16.30m/ 53-5 3/4)

	2012	LIFETIME
\$ S. Scott-Ellis	15.98m/ 52-5 1/4 (c)	15.98m/ 52-5 1/4
P.J. Benedictus	14.03m/ 46-0 1/2 (b)	14.70m/ 48-2 3/4

SHOT PUT (19.35m/ 63-4)

	2012	LIFETIME
Joe Bartlett	17.68m/ 58-0 1/4 (d)	17.68m/ 58-0 1/4
Matt Wardell	15.49m/ 50-10 (a)	15.49m/ 50-10
Michael Bolligar	11.26/ 36-11 1/2 (l)	11.26m/ 36-11 1/2
S. Harris (unat)	13.58m/ 44-6 3/4 (e)	13.68m/ 44-10 3/4
S. Wordell (unat)	11.11/ 36-5 1/2 (c)	11.11m/ 36-5 1/2

35# WEIGHT (21.50m/ 70-6 1/2)

	2012	LIFETIME
Chris Baltazar	16.25m/ 53-3 3/4 (h)	16.25m/ 53-3 3/4
Dan Henahan	12.69m/ 41-7 3/4 (h)	12.69m/ 41-7 3/4

DISCUS

	2012	LIFETIME
Joe Bartlett	52.32m/ 171-8 (a)	52.32m/ 171-8
Oliver Henry	49.29m/ 161-8 (h)	49.29m/ 161-8
Sean Harris (unat)	43.37m/ 142-7 (a)	43.47m/ 142-7
Spencer Wordell (unat)	31.20m/ 102-4 (a)	31.20m/ 102-4

HEPTATHLON (5,750 pts)

	2012	LIFETIME
Michael Bolligar	5,406 points (l)	5,406 points
(l = 60m - 7.24, LJ - 7.22m/23-8 1/4, SP - 11.26m/36-11 1/2, HJ - 2.01m/6-7, 60m H - 8.83, PV - 4.30m/14-1 1/4, 1000m - 2:39.43)		

Sean Harris (unat) 4,964 points (c) 5,022 points
(c = 60m - 7.35, LJ - 6.28m/20-7 1/4, SP - 12.86m/42-2 1/4, HJ - 1.91m/6-3 1/4, 60m H - 8.81, PV - 4.50m/14-9, 1000m - 3:04.13)
(PR = 60m - 7.40, LJ - 6.34m/20-9 3/4, SP - 13.68m/44-10 3/4, HJ - 2.01m/6-7, 60m H - 8.72, PV - 4.40m/14-5 1/4, 1000m - 3:11.70)

Spencer Wordell (unat) 4243 points (c) 4243 points
(c = 60m - 7.25, LJ - 6.12m/20-1, SP - 11.11m/36-5 1/2, HJ - 1.88m/6-2, 60m H - 9.26, PV - NH, 1000m - 2:38.03)

= NCAA indoor automatic qualifier.

\$ = NCAA Participant.

SR = WSU school record

FSR = WSU freshman school record

Meet Legend

- a WSU Open, Pullman 1/13-14
- b @ Cherry and Silver Invite, Albuquerque 1/20-21
- c Cougar Indoor, Pullman 1/27-28
Team scores: WSU 90 UCLA 32, WSU 95 Idaho 27
WSU 103 Montana 19, WSU 94 Utah State 27
- d @ Vandal Indoor, Moscow 2/3
- e @ Idaho Indoor Open, Moscow, 2/4
- f @ Husky Classic, Seattle 2/10-11
- g @ Tyson Invite, Fayetteville, Ark. 2/10-11
- h @ Vandal Collegiate, Moscow 2/18
- l @ Mountain Pacific Sports Federation
Championships, Seattle 2/24-25
Team scores: Arizona State 131.5, Stanford 81.5,
Oregon 77, Arizona 70, BYU 67, WSU 61, UCLA 49,
Washington 37.5, Long Beach St. 31,
California 26.5, Colorado 22, Cal St. Northridge 9
- m @ UW Final Qualifier, Seattle 3/3
- \$ @ NCAA Indoor Track & Field Championships,
Boise, 3/9-10
Team scores: t-56th WSU2 points

Revised: 3/12/12